

April 2019

Holland Township Lunch

Lunch Prices Student Lunch: \$2.95 Reduced Lunch: \$0.40 Adult Lunch: \$3.50

MONDAY

1

- Chicken Parm with Cheese Tortellini
- Steamed Broccoli
- Assorted Fresh or Chilled Fruit
- Milk Variety

TUESDAY

2

- Breakfast for Lunch
- Choice of Waffles or Pancakes with Toppings Bar
- Breakfast Sausages
- Sweet Potato Waffle Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety

WEDNESDAY

3

- Italian Sampler with Breaded Ravioli and Mozzarella Sticks with Marinara Sauce
- Veggie Dippers
- Assorted Fresh or Chilled Fruit
- Milk Variety

THURSDAY

4

- Rodeo Burger on a Bun with Onion Rings & BBQ Sauce
- Tater Tots
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Salad Bar Day

FRIDAY

5

- Mezza Luna Pizza
- Freshly Prepared Caesar Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

8

- Meatless Monday
- Grilled Cheese
- Tomato Soup
- Assorted Fresh or Chilled Fruit
- Milk Variety

9

- Turkey Club
- Creamy Coleslaw
- Assorted Fresh or Chilled Fruit
- Milk Variety

10

- Mac & Cheese
- Optional Toppings: Chicken, Bacon, Broccoli, or Chili
- Cornbread Muffin
- Green Beans
- Assorted Fresh or Chilled Fruit
- Milk Variety

11

- Crispy Chicken Sandwich
- French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety

12

- Mezza Luna Pizza
- Freshly Prepared Italian House Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

15

- Breakfast for Lunch
- French Toast Sticks
- Breakfast Sausage
- Oven Baked Sweet Potato Fries
- Fruit Compote
- Milk Variety

16

- Popcorn Chicken or Chicken Fries with Dinner Roll
- Choice of Dipping Sauce on the side
- Mashed Potatoes
- Maschio's Lemon/Cherry Frozen Sorbet
- Milk Variety

17

- Crispy Chicken BLT Sandwich
- Choice of Tossed Salad or Macaroni Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

18

Early Dismissal - No Lunch Served

19

Spring Recess - No School

22

Spring Recess - No School

23

Spring Recess - No School

24

Spring Recess - No School

25

Spring Recess - No School

26

Spring Recess - No School

29

- Breakfast Sausage, Egg & Cheese Burrito
- Tater Tots
- Assorted Fresh or Chilled Fruit
- Milk Variety

30

- Choice of Teriyaki Beef or Teriyaki Chicken
- Steamed Broccoli
- Steamed Rice
- Assorted Fresh or Chilled Fruit
- Fortune Cookie
- Milk Variety

Maschio's Swap Out's Available Daily: Bagel Bag with Cheese , Cheese Pizza, Cereal Bag w/ Cheese , Muffin Meal Bag , Turkey Sandwich, Peanut Butter & Jelly Sandwich, , Salad with Greens, Protein & Dinner Roll, , Chicken Nuggets & Dinner Roll

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

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